

活動概覽 Activities Timetable 17 May 2021 (Valid from /生效)

會費每年£8，請申請或續會。Membership Fee £8 each year, please register.
有關查詢，請致電中心 For queries please call ICA on **020 7263 5986**
或電郵 or email: info@islingtonchinese.com



Time	星期一 MONDAY	星期二 TUESDAY	星期三 WEDNESDAY	星期四 THURSDAY	星期五 FRIDAY
09:00 - 10:00	Qigong 氣功班 (by Sifu Sam Ma) 報名及收費詳情，或索取 Zoom 課堂網址，請聯絡 Sam Ma 師傅: 07522 102221，電郵 samma.tcm@gmail.com	Qigong 氣功班 (by Sifu Sam Ma) 報名及收費詳情，或索取 Zoom 課堂網址，請聯絡 Sam Ma 師傅: 07522 102221，電郵 samma.tcm@gmail.com	Qigong 氣功班 (by Sifu Sam Ma) 報名及收費詳情，或索取 Zoom 課堂網址，請聯絡 Sam Ma 師傅: 07522 102221，電郵 samma.tcm@gmail.com	Qigong 氣功班 (by Sifu Sam Ma) 報名及收費詳情，或索取 Zoom 課堂網址，請聯絡 Sam Ma 師傅: 07522 102221，電郵 samma.tcm@gmail.com	Qigong 氣功班 (by Sifu Sam Ma) 報名及收費詳情，或索取 Zoom 課堂網址，請聯絡 Sam Ma 師傅: 07522 102221，電郵 samma.tcm@gmail.com
10:00 - 14:00	Table Tennis 乒乓球 £3				Table Tennis 乒乓球 £3
11:00 - 12:00	Chinese Calligraphy £3 中文書法班 實體班與網上班同步進行 Physiscal class and online class carried out simultaneously		Dance Class £5 舞蹈班 (by May Au) 每月收費, 不設退款 Monthly pay in advance (non-refundable) 報名或查詢，請聯絡May Au: 0791 6372646，電郵: hello@studiokowloon.co.uk	Qigong Class £3 氣功班 (by Keiko Sudo) £10 每月 (不設退款) £10 per month (non-refundable) 實體班與網上班同步進行 Physiscal class and online class carried out simultaneously	
11:00 - 12:30		Mandarin Class £3 普通話班 實體班與網上班同步進行 Physiscal class and online class carried out simultaneously			
12:30 - 13:30		12:30 - 13:30 Lunch Club 午膳會 £5			
14:00 - 18:00	14:00 - 18:00 Karaoke 卡拉OK Table Tennis 乒乓球 £3每項 £3 per item				
13:30 - 14:30				English Chit-Chat Free 輕鬆英語班 (by Nicola Maria Philippou) 免費 Free Zoom課堂請與中心聯絡索取網址 / for Zoom class, call / email ICA to obtain password	
16:30 - 18:00					Karaoke online £2.5 卡拉繼續OK (by Karl Tse) £10 每月 (不設退款) 4月生效 Zoom課堂請與中心聯絡索取網址 / for Zoom class, call / email ICA to obtain password
網上課堂 / Online classes		中心活動 / Centre activities		實體與網上同步進行/ Physiscal and online	

隆重推介：
逢星期二至星期四增設「**日票優惠**」（即每人每日只需支付10英鎊），就能享受包括有當天午餐及當日無限制文娛康體活動（包括乒乓球，卡拉OK，桌上棋盤遊戲等。但有導師教學的班組則按正常收費。）
“Stay The Day” - a most exciting offer – highly recommended：
“**Day Pass**” applies on Tuesday to Thursday. Pay a flat fee of only £10 per day will allow you to enjoy the recreational activities on the day including lunch and unlimited recreational activities (table tennis, karaoke, board games and other activities). Please note that tutor led classes & club programmes are NOT covered by the Day Pass.